

SUNDAY

11AM - 10PM

STARTERS

CHARRED AUBERGINE **VG** **GF**

Chargrilled aubergine with rose harissa and tossed through with miso yoghurt, toasted chickpeas, and fresh mint £7.25

BANG BANG CALAMARI

Deep fried squid rings with a zingy peanut sauce £7.95

HERITAGE BEET SALAD **V** **GF**

Heritage crapaudine beets, chargrilled and tossed through with honeyed goats cheese, crushed hazelnuts, and fresh mint £8.5

MEZZE PLATE FOR ONE **VG**

Grilled flatbread served with hummus, artichoke and truffle dip, pea pesto, slow roasted peppers, spiced broad beans, and peppered cashews £7.6

ROASTS

All our meat roasts comes with celeriac puree, honey roasted carrots, roast potatoes, Yorkshire pudding and homemade gravy. Our vegan roast is completely plant based.

FREE RANGE CHICKEN BREAST

Deliciously tender half chicken, brined and roasted until crisp and golden £16.5

28 DAY AGED HEREFORD BEEF

Roasted top rump of grass-fed Hereford beef, served pink as standard £17.75

OLD SPOT PORK BELLY

Crispy and juicy strips of slow-roasted pork belly £16.5

VEGAN WELLINGTON **VG**

Roasted seasonal veg coated in flaky pastry, served with homemade vegan gravy £14

SWINGERS ROAST

A taste of everything with roast beef, chicken and pork served with all the usual trimmings and homemade gravy £22

SWINGERS FOR TWO £36

FOR THE TABLE

MEZZE PLATE **VG**

Grilled flatbread served with hummus, artichoke and truffle dip, pea pesto, slow roasted peppers, spiced broad beans, and peppered cashews £14

NACHOS **GF**

Corn chips loaded with melted cheddar, jalapeños, salsa, sour cream, guacamole, with chilli beef or black beans £11.5
WANT IT VEGAN? JUST ASK!

MAINS

BEER BATTERED FISH AND CHIPS

Fish of the day served with thick cut chips and tartare sauce £16
Add steamed British peas £1

DEXTER BEEF BURGER

Flame-grilled Dexter beef with lettuce, tomato, pickles, and our house burger sauce, served with thick cut chips £13

MIAMI BURGER **VG**

Sustainably sourced soya patty in a vegan brioche bun with baby gem lettuce, tomato, sauerkraut, and vegan herb mayo, served with thick cut chips £13

BUTTERMILK FRIED CHICKEN BURGER

Tender chicken fillet in panko breadcrumbs, served in a brioche bun with lettuce, tomato, pickles, and our house burger sauce £13

>>> ADD A LITTLE EXTRA

Bacon, Cheese, Vegan Cheese, Mushroom, Jalapeños, Chorizo, Guacamole £1 EACH

WE ARE DOG FRIENDLY!

ASK US ABOUT OUR DOG ROAST

THE SUNDAY SESSION

STARTER | ROAST* | DESSERT

2 COURSES £24 // 3 COURSES £30

OR GO GREEN WITH OUR VEGAN ROAST

2 COURSES £22 // 3 COURSES £27

*not including Swingers Roast

BAR BITES

SMOKED MONTBELIARD SAUSAGES **GF** £7

PESTO HALLOUMI FRIES **V** £6.5

SIDES

ROAST POTATOES & GRAVY **GF** £4

PARMESAN TRUFFLE CHIPS **GF** £5.75

SWEET POTATO FRIES **VG** **GF** £5

THICK CUT CHIPS // FRIES **VG** **GF** £4.25

MIXED SALAD **VG** **GF** £3.9

PUDDINGS

STICKY TOFFEE PUDDING

Caramel sponge with banana butterscotch sauce and vanilla ice cream £6.75

APPLE & PEAR ETON MESS

Layers of crème anglaise, meringue shards, and roasted pear and apple in a salted caramel sauce £6

RHUBARB AND WINTERBERRY CRUMBLE **VG**

Slow cooked rhubarb and winter berries and sweet golden crumble, topped with vanilla ice cream £6.5

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@THEREGENTBALHAM

FIND OUT MORE
THEREGENTBALHAM.CO.UK

WE ARE DELIGHTED
TO DONATE £1 PER
DISH TO OUR LOCAL
CHARITY THE BIGKID
FOUNDATION.



GF GLUTEN FREE **V** VEGETARIAN **VG** VEGAN
IF YOU SUFFER FROM ANY FOOD ALLERGY OR INTOLERANCE,
PLEASE MAKE YOUR SERVER AWARE. A DISCRETIONARY
10% SERVICE CHARGE WILL BE ADDED TO ALL TABLES
RECEIVING SERVICE AND SHARED BETWEEN THE TEAM.